

ST. LUKE'S CATHEDRAL

The Episcopal Diocese of Maine

Portland, Maine

Celebrating 150 Years

The Fourteenth Sunday after Pentecost August 29, 2021

7:30 Holy Eucharist, Rite II (Chapel)

10:00 Holy Eucharist, Rite II (Nave & Livestream)

Welcome to St. Luke's Cathedral! We are a community of faith with ancient worship and modern thought, catholic traditions and progressive theology, a Biblical perspective for thinking people, a respect for reason, science, and diversity of perspective, compassion and care for the wider community and one another, and a commitment to radical welcome and inclusion... all modeled on the Kingdom of God that Jesus proclaimed. Whoever you are and wherever you may be in your journey through life, we welcome you! Our Sunday School and Adult Programs are currently being offered on-line. Please see our website for links and ways to participate in the life of the congregation. We thank you for coming today and hope you will make the Cathedral your spiritual home.

The Cathedral of St. Luke sits on land our Wabanaki neighbors previously occupied for millennia. As a descendants of European immigrants, we acknowledge that we continue to benefit from the exploitation and subjugation of those whom our forebears failed to understand and honor. That failure centuries ago is related to the crises of our times. By grace, we pledge to work harder at learning from our human and non-human neighbors in hope of healing and wholeness. Such work must involve our advocacy and action on behalf of the Wabanaki as well as the lands, waters, and non-human inhabitants of this beautiful place many call Maine.

A few notes about or worship during this time of Covid-19

1. We ask that everyone wear masks. Please follow specific instructions for receiving communion.
2. Please ask permission before shaking hands or hugging. We suggest bowing or using a "Namaste" greeting at the peace.
3. All those who are fully vaccinated are welcome to sing, keeping their masks on.
4. If you have a fever or aren't feeling well, we ask that you stay home and watch our services on line.

Our mission: As a "believe out loud congregation," St. Luke's welcomes all people to share in the Episcopal Church's mission to restore all people to unity with God and each other in Jesus Christ. As a cathedral, St. Luke's is the seat of the bishop and the chief mission church of the Diocese and people of Maine. With its first service held on Christmas Day in 1868, St. Luke's continues 150 years of reaching out to the city and people of Portland. The Cathedral Church of St. Luke is proud to be part of the 2.5 million member Episcopal Church USA and the 75 million member world-wide Anglican Communion.

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www.stlukesportland.org office@cathedralofstluke.org

Prelude

An Interlude

Harold Darke

Hymn 435

At the name of Jesus

King's Weston



1 At the Name of Je - sus ev - ery knee shall bow,
 2 Hum - bled for a sea - son, to re - ceive a Name
 3 bore it up tri - um - phant, with its hu - man light,
 4 Name him, Chris - tians, name him, with love strong as death,
 *5 In your hearts en - throne him; there let him sub - due
 *6 Chris - tians, this Lord Je - sus shall re - turn a - gain,



1 ev - ery tongue con - fess him King of glo - ry now;
 2 from the lips of sin - ners, un - to whom he came,
 3 through all ranks of crea - tures, to the cen - tral height,
 4 name with awe and won - der and with bat - ed breath;
 5 all that is not ho - ly, all that is not true;
 6 with his Fa - ther's glo - ry o'er the earth to reign;



1 'tis the Fa - ther's plea - sure we should call him Lord
 2 faith - ful - ly he bore it spot - less to the last,
 3 to the throne of God - head, to the Fa - ther's breast;
 4 he is God the Sa - vior, he is Christ the Lord,
 5 crown him as your Cap - tain in temp - ta - tion's hour;
 6 for all wreaths of em - pire meet up - on his brow,



1 who from the be - gin - ning was the might - y Word.
 2 brought it back vic - to - rious, when from death he passed;
 3 filled it with the glo - ry of that per - fect rest.
 4 ev - er to be wor - shipped, trust - ed, and a - dored.
 5 let his will en - fold you in its light and power.
 6 and our hearts con - fess him King of glo - ry now.

Opening Acclamation

BCP p. 355

Celebrant: Blessed be God: Father, Son and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever. Amen.**

The Collect for Purity

BCP p. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Celebrant: Lord have mercy.

People: Christ have mercy.

Celebrant: Lord have mercy.

Celebrant: May God be with you

People: And also with you.

Celebrant: Let us pray.

The Collect

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. **Amen.**

First Lesson

Reader: Peter Bingham

Song of Solomon 2: 8-13

The voice of my beloved!
Look, he comes,
leaping upon the mountains,
bounding over the hills.
My beloved is like a gazelle
or a young stag.
Look, there he stands
behind our wall,
gazing in at the windows,
looking through the lattice.
My beloved speaks and says to me:
"Arise, my love, my fair one,
and come away;
for now the winter is past,
the rain is over and gone.
The flowers appear on the earth;
the time of singing has come,
and the voice of the turtledove
is heard in our land.
The fig tree puts forth its figs,
and the vines are in blossom;
they give forth fragrance.
Arise, my love, my fair one,
and come away."

Reader: Hear what the Spirit is saying to the churches.

People: **Thanks be to God.**



Bles - sed are the pure in heart, for they shall see God.

- 1 LORD, who may dwell in your tabernacle? *
who may abide upon your holy hill?
- 2 Whoever leads a blameless life and does what is right, *
who speaks the truth from his heart.
- 3 There is no guile upon his tongue;
he does no evil to his friend; *
he does not heap contempt upon his neighbor.
- 4 In his sight the wicked is rejected, *
but he honors those who fear the LORD.
- 5 He has sworn to do no wrong *
and does not take back his word.
- 6 He does not give his money in hope of gain, *
nor does he take a bribe against the innocent.
- 7 Whoever does these things *
shall never be overthrown.

Cantor: Curtis Maurand

Second Lesson

Reader: Peter Bingham

James 1: 17-27

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures. You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world.

Reader: Hear what the Spirit is saying to the churches. People: **Thanks be to God.**

1 Stand up, stand up, for Je - sus, ye sold - iers of the cross;
 2 Stand up, stand up, for Je - sus; the trum - pet call o - bey;
 3 Stand up, stand up, for Je - sus; stand in this strength a - lone;
 4 Stand up, stand up, for Je - sus: the strife will not be long:

lift high his roy - al ban - ner, it must not suf - fer loss:
 forth to the might - y con - flict in this his glo - rious day:
 the arm of flesh will fail you, ye dare not trust your own:
 this day, the noise of bat - tle; the next, the vic - tor's song.

from vic - tory un - to vic - tory his ar - my shall he lead,
 ye that are his now serve him a - gainst un - num - bered foes;
 put on the Gos - pel ar - mor, and watch - ing un - to prayer,
 To val - iant hearts tri - um - phant, a crown of life shall be;

till ev - ery foe is van - quished and Christ is Lord in - deed.
 let cour - age rise with dan - ger, and strength to strength op - pose.
 when du - ty calls, or dan - ger, be nev - er want - ing there.
 they with the King of glo - ry shall reign e - ter - nal - ly.

Deacon: The Holy Gospel of our Savior Jesus Christ according to Mark.

People: **Glory to you, O Christ.**

The Gospel

Mark 7: 1-8, 14-15, 21-23

When the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them. (For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders; and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.) So the Pharisees and the scribes asked him, "Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?" He said to them, "Isaiah prophesied rightly about you hypocrites, as it is written, 'This people honors me with their lips, but their hearts are far from me; in vain do they worship me, teaching human precepts as doctrines.' You abandon the commandment of God and hold to human tradition." Then he called the crowd again and said to them, "Listen to me, all of you, and

understand: there is nothing outside a person that by going in can defile, but the things that come out are what defile." For it is from within, from the human heart, that evil intentions come: fornication, theft, murder, adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly. All these evil things come from within, and they defile a person."

Deacon: The Gospel of the Lord. People: **Praise to you, O Christ.**

Hymn 561 (vs. 3,4)

Stand up, stand up for Jesus

Morning Light

The Sermon

The Rev. Suzanne Roberts, M.D.

The Nicene Creed

from Enriching our Worship

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People, Form VI

led by Cynthia Morris

BCP p. 392

In peace, we pray to you, O God.

Silence

For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

Within the Anglican Cycle of prayer we pray for the Province of the Episcopal Church of South Sudan. Within the Diocesan Cycle of Prayer we pray for St. Matthew's, Lisbon Falls; All Saints' Chapel, Orr's Island; Church of the Redeemer, Sorrento. For students and educators in beginning a new school year. For the staff and campers of Camp Bishopswood. For the people and clergy of our Companion Diocese of Haiti.

For all who work for justice, freedom, and peace.

For the just and proper use of your creation; we pray especially for the people of Haiti, of the Tigray region, Ethiopia, and all areas at war or in political turmoil. We pray for those affected by climate change.
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

Let us pray for Michael, our Presiding Bishop; Thomas our Bishop, and for our Cathedral clergy.
For all who serve God in the Church.

For the special needs of our congregation. We offer prayers of healing and comfort for those on our parish prayer list:

Eliot Field and his wife Taffy	Jim Messmer	Lisa Belshaw
Anne Schink	Cindy Houghton	Hazel and family
Karen Perry	Sarah	Michael Knowland
Ludek (Lou) Strnad	Nancy Allen	Julia MacDonald
Lynn Dalheim	Diana, Norma and Nola	Joe Edgar, Jr.
Bruce Deuel	Chris Perkins	Jeff Saenz
Leslie Dallas Cooper	Pam Stolte	Olivia Wigfall
Jaquie Libby	Mikala	Matthew Johnson
Pat Fowler	Victor Wakefield	Judd Hume
Spencer	Lamees Rahma	Diane Wilbur
Cindy Maloney	Sharon and Paul Hallenbeck	Irene Jensen
Jeanette Henry	Fran Riggall	Chuck Hornberger
Caryl McCoy	Nazeleh Jamshidi	
Susanne Morin	Pamela Bartol	

Please add your own prayers of intercession and thanksgiving (*pause*)

Hear us, Lord;
For your mercy is great.

We thank you, God, for all the blessings of this life. We pray for our postulants, George Cooper, Lisle Blind, and Jonathan Radtke. We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom. We pray especially for William J. Deane, Jr., father of Sara Deane.

We pray for victims of gun and racial violence. all victims of Covid-19 and the floods in Tennessee. We continue to acknowledge and repent of all the children anonymously and needlessly killed at Indigenous boarding schools and the deep and long lasting effects on their communities. **Amen.**

We pray especially for Afghanistan. Eternal God, hear our prayer for the peoples of Afghanistan. There is a profound humanitarian crisis. Countless people, mostly women and children, are now fleeing and vulnerable. The lives of many are now endangered. The hopes of many are forgone. Send your Spirit, Lord, to rally the resolve of the nations of the earth to find pathways to save human lives, protect human rights, and to resolve the hardships of those seeking refuge, asylum, and safety. Hear our prayer for the peoples of Afghanistan. This we pray as followers of Jesus, the Prince of Peace.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

Deacon: We pray to you also for the forgiveness of our sins.

Have mercy upon us, most merciful God. In your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit, that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our savior. Amen.

Celebrant: May Almighty God have mercy on you, forgive you all your sins through our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Celebrant: May the Peace of the Christ be always with you. People: **And also with you.**

Parish Announcements

Offertory Anthem

O Master, let me walk with thee

Words: Washington Gladden

Music: Calvin Hampton

*O Master, let me walk with thee
In lowly paths of service free;
Tell me thy secret, help me bear
The strain of toil, the fret of care.
Help me the slow of heart to move
By some clear, winning word of love;
Teach me the wayward feet to stay,
And guide them in the homeward way.
Teach me thy patience; still with thee
In closer, dearer company,
In work that keeps faith sweet and strong,
In trust that triumphs over wrong.
In hope that sends a shining ray
Far down the future's broad'ning way,
In peace that only thou canst give,
With thee, O Master, let me live.*

Cantor: Curtis Maurand

1 Lord Je - sus, Sun of Right - eous - ness, shine
 2 Give guid - ance to our wan - dering ways, for -
 3 Lord, grant that we in pen - i - tence may
 4 Now near - er draws the day of days when
 5 The u - ni - verse your glo - ry shows, blest

1 in our hearts, we pray; dis - pel the gloom that
 2 give us, Lord, our sin; re - store us by your
 3 of - fer you our praise, and through your sav - ing
 4 par - a - dise shall bloom, when we shall be at
 5 Fa - ther, Spi - rit, Son; we shall ac - claim your

1 shades our minds and be to us as day.
 2 lov - ing care to peace and joy with - in.
 3 sac - ri - fice re - ceive your gift of grace.
 4 one with you, Lord, ris - en from the tomb.
 5 ma - jes - ty, e - ter - nal Three in One.

The Great Thanksgiving (Eucharistic Prayer A - Expansive Version)

BCP p. 361

Celebrant: May God be with you.
 Celebrant: Lift up your hearts.
 Celebrant: Let us give thanks to God.

People: **And also with you.**
 People: **We lift them to the Lord.**
 People: **It is right to give our thanks
 and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth, through Jesus Christ our Lord. For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus S128

Setting: William Mathias



Ho - ly, ho - ly, ho - ly,
ho - ly Lord, God of power and might,
heaven and earth are full of your glo - ry. Ho-san-na in the
high - est. Bless - ed is he who
comes in the name of the Lord. Ho-san-na in the high-est.

The people stand or kneel. Then the celebrant continues

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

**Christ has died.
Christ is risen.
Christ will come again.**

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Alleluia. Christ our Passover is sacrificed for us;
Therefore let us keep the feast. Alleluia.

Agnus Dei S165

Setting: William Mathias



Celebrant: The gifts of God for the People of God. Let us take them in remembrance that Christ gave himself for us, and feed on him in your hearts by faith, with thanksgiving.

Deacon: Please join me in this prayer of Spiritual Communion with all who cannot now receive.

God of infinite mercy, we thank you for Jesus our Savior, our true Mother who feeds us and gives us eternal life. Though I cannot consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. Grant that we may continue forever in the Risen Life of our Savior, who with you and the Holy Spirit, lives and reigns, one God, now and forever. Amen.

About receiving communion.

1. Communion will be served at the altar rail. It will be bread only. We return to two lines and kneeling at the altar. Please stay a foot apart from each other as you kneel.
2. Gluten free hosts are available for those who wish.
3. It is perfectly acceptable to stay in your pews and pray.
4. Those who do not wish to receive but desire a blessing instead may also come forward, remaining masked. The priest will offer a blessing without the laying on of hands.
5. Please remain masked while the priest drops the host in your hands, then lift your mask to consume. Let the mask cover your mouth again and return to your pew.
6. Those who wish communion and are physically challenged should indicate their desire to the ushers, remain in their pews and let the priest come to them.

Anthem
Chichester

Day by day

Words: Richard of

Music: Arthur Henry Biggs

*Day by day, dear Lord, of thee three things I pray:
to see thee more clearly, love thee more dearly,
follow thee more nearly, day by day.*

Hymn 656

Blest are the pure in heart

Franconia

1 Blest are the pure in heart, for they shall see our God; the
2 The Lord, who left the heavens our life and peace to bring, to
3 he to the low - ly soul will still him - self im - part and
4 Lord, we thy pres - ence seek; may ours this bless - ing be; give

se - cret of the Lord is theirs, their soul is Christ's a - bode.
dwell in low - li - ness with us, our pat - tern and our King;
for his dwell - ing and his throne will choose the pure in heart.
us a pure and low - ly heart, a tem - ple fit for thee.

Post Communion Prayer

BCP p. 365

Celebrant: Let us pray.

People: **Eternal God, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the sacrament of his Body and Blood. Send**

us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

May the peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God. And may the blessing of God, who created you, redeemed you and sustains you be with you and remain with you always. **Amen.**

Hymn 382

King of glory, King of peace

General Seminary



1 King of glo - ry, King of peace, I will love thee;
2 Where - fore with my ut - most art, I will sing thee;
3 Seven whole days, not one in seven, I will praise thee;

Tenor or soprano ad libitum

3 Seven whole days, not one in seven, I will praise thee;

and that love may nev - er cease, I will move thee.
and the cream of all my heart, I will bring thee.
in my heart, though not in heaven, I can raise thee.

in my heart, though not in heaven, I can raise thee.

Thou hast grant - ed my re - quest, thou hast heard me;
Though my sins a - gainst me cried, thou didst clear me;
Small it is in this poor sort to en - roll thee;

Small it is in this poor sort to en - roll thee;

thou didst note my work - ing breast, thou hast spared me.
and a - lone, when they re - plied, thou didst hear me.
e'en e - ter - ni - ty's too short to ex - tol thee.

e'en e - ter - ni - ty's too short to ex - tol thee.

Deacon: Let us go forth into the world rejoicing in the power of the Spirit!

People: **Thanks be to God!**

Postlude

Processional

Herbert Chappell

Announcements

Welcome Visitors: There are greeters at the door who are available to answer any questions you might have about the Cathedral. Please sign our guest register! Please join us for Lemonade hour after the 10:00 am service this morning.

The Elevator is currently inoperable. We are in the process of getting it repaired and apologize for any inconvenience. Those with mobility issues are encouraged to use the front tower entrance .

Bishop requires vaccination for all clergy and staff: This week the Bishop of Maine sent out a letter requiring all clergy and staff in the diocese to be vaccinated. You need to know that St. Luke's has complied. All of our clergy and staff have been fully vaccinated. St. Luke's is continuing with our policy of having everyone, regardless of vaccination status, mask while indoors, including during worship services (with the exception of those reading or leading the service). There is plenty of space in the nave and we encourage those who wish to practice distancing as well. For the time being, we are continuing our policy of not serving food and will strive to keep lemonade/coffee hour outside as long as weather permits. We ask that parishioners follow these policies and strongly encourage everyone who can to be fully vaccinated. If you have concerns or questions, please contact one of our clergy. Remember that we are doing these things not just to protect ourselves but to love our neighbor, especially the most vulnerable, including children and those who for medical reasons cannot take the vaccine. See the bishop's letter at <https://www.episcopalmaine.org/resource/covid-19-updates>

Covid Guidelines

- There are no distancing or capacity requirements in the nave or in cathedral spaces. Programs and meetings have resumed. (Sunday school is planning to resume in September)
- We will have no wine at the Eucharist for the time being. Eucharistic visiting and pastoral visits have resumed. (Please call if you would like a visit)
- People are instructed to ask permission of others before sharing the peace or greeting one another, and encouraged to "elbow bump" and otherwise avoid hugging or actions that may make others uncomfortable.
- Parishioners are asked to remain masked during worship but those fully vaccinated may unmask outside during Lemonade hour. Those fully vaccinated may sing with masks on. Even if we don't have to, we will remain masked (unless speaking or reading) so that we are welcoming and inclusive of young children, people who are immunocompromised or otherwise cannot get the vaccine for health reasons, and those who are not completely comfortable being in public settings again.
- The choir may sing, with masks on (all coming have been fully vaccinated). We are now scheduling concerts and events with programming on the calendar now through December.
- Dinners/breakfasts/other food related fellowship are on hold for now. We'll continue lemonade hour outside on the lawn or in the cloister if it rains.

Reminder -Sunday Morning Healing Prayers will be held next Sunday, September 5. Healing Team ministers once again will be offering private prayers in All Saints Chapel at the 10:00 am service. You are invited to come to the chapel after receiving communion to request prayers for yourself or for others. Masks are required.

Compline Returns! Compline is an ancient service of night prayers that stretches back to Saint Benedict. A perfect way to have a meditative end to the day and prepare for the quietness of night.

Starting Monday, September 6, we'll meet online Monday - Friday at 8:00 pm. Join our evening service via zoom at <https://zoom.us/j/767328983>.

Monday & Wednesday, led by Tom and Emma Flinn

Tuesday & Thursday, led by Jon Radtke

Friday, led by Ray Davis Murdoch Curry

Homecoming Sunday is September 12! Summer is drawing to an end, it's back to school time and here at St. Luke's, we are looking forward to seeing you all at Homecoming Sunday on September 12. **Sunday school begins** with a weekly hybrid program of in person and zoom gatherings from 9:45- 10:30 am. Parents are encouraged to contact Sarah Dowling [here](#) to register your child for Sunday school. **Albert Melton and the Cathedral Choir** will offer music at the 10 am Sunday service and the **5:15 Sunday service** restarts after summer break.

Coffee and Lemonade Hosts Needed: We are looking for volunteers to host coffee or lemonade hour as we head into the fall. Please call the office or sign up on the bulletin board! We are looking for a new leader to help organize this ministry. Interested? Please contact the parish office.

Newcomers Class: New? Curious about St. Luke's or the Episcopal Church? Interested in becoming better connected to the life of the parish? Join Dean Shambaugh for a Newcomer's class at 9:00-9:45 on Sundays Sept 19 - Oct 31, using material from [Welcome to the Episcopal Church](#), by Christopher Weber (participants are asked to order their own books). All are welcome! The topic for September 19 will be "Telling our story"

Taizé returns to St. Luke's starting on September 22: 5:30 pm gathering, service at 5:45 pm in Emmanuel Chapel. We will meet on the 2nd and 4th Wednesdays of each month.

Ushers Needed: As we move back into the fall season at St. Luke's, we need some more ushers. If you enjoy meeting and assisting people, this may be the job for you. If you are interested, please let Anna Messmer (aemessmer@maine.rr.com) know. On the job training is available.

1975 -- What does 1975 mean to you? The year of Saigon fell, when the Captain and Tenille were at the top of the charts, and bellbottoms were all the rage? While all these are true, 1975 is also the total number of neighbors served through St. Elizabeth's Jubilee Center during the summer. During this time of Covid, our food pantry and St E's have been booming and weekdays at the cathedral are full of life. We even had our first Afghan clients this week. 1975 is not just a year. It's a number that says amazing things about the Cathedral and Cathedral people at work.

How can I help Haiti? The area immediately west of Dony devastated by the recent earthquake will be in need of assistance in the coming months. Many of you have asked, how can I help? Our partnership director, Rev. Dr. Kesner Ajax, lives in Les Cayes which is the area most affected by the earthquake. We are anxiously waiting for his report of the situation on the ground. A donation sent to St. Luke's

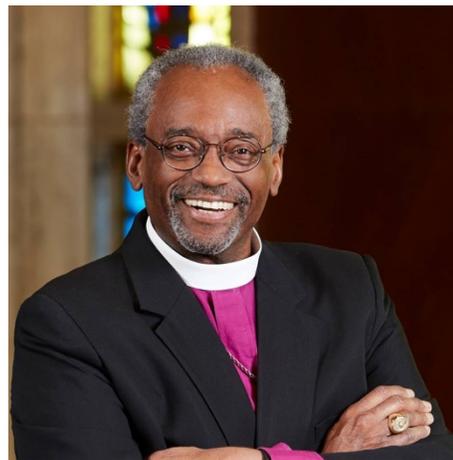
Cathedral with the memo Haiti Earthquake relief will be collected and sent to the Episcopal Church Partnership Program at the Diocese in Haiti. These are people we work directly with every year. The people in the communities they represent may have lost their homes, their family, have to pay funeral expenses or have health needs because of the quake. This is our best recommendation on how to help going through an organization that we trust and have experience with. Thank you for supporting our friends in Haiti.

Strategic Plan: The most recent Long Range Strategic Plan for St. Luke's Cathedral was completed in 2013 and had a horizon of 5 years. The Plan was reviewed in 2018, but its goals and objectives were not changed. You may review the 2013 plan, with the 2018 comments, at <http://stlukesportland.org/wp-content/uploads/2018/06/A-strategic-Plan-Update-2018-1.pdf>. Recognizing that strategic plans need to be regularly reexamined, refreshed and updated in order to reflect the current realities and objectives of an organization and set goals for the future, the Vestry earlier this year directed the preparation of a new Long Range Strategic Plan for the Cathedral. The Strategic Planning process will begin this fall. The Vestry is looking to form a committee of 7-12 or so people who are willing to devote significant time over the next few months to envisioning the planning process, engaging with the broader parish community to solicit thoughts and ideas, and then establishing goals for the next few years and writing a report. If you are interested in participating in the Strategic Planning process for the Cathedral, please contact Lynne England at the Parish office 207-772-5434. Please make your wishes known to her by Labor Day.

Prayers for Afghanistan from Bishop Curry

Eternal God, hear our prayer for the peoples of Afghanistan. There is a profound humanitarian crisis. Countless people, mostly women and children, are now fleeing and vulnerable. The lives of many are now endangered. The hopes of many are forgone. Send your Spirit, Lord, to rally the resolve of the nations of the earth to find pathways to save human lives, protect human rights, and to resolve the hardships of those seeking refuge, asylum, and safety. Hear our prayer for the peoples of Afghanistan. This we pray as followers of Jesus, the Prince of Peace. Amen.

The Most Rev. Michael Bruce Curry
Presiding Bishop and Primate
The Episcopal Church



NOTE: For the many people who have asked how they can support The Episcopal Church's efforts to resettle and provide direct assistance to Afghans seeking special immigrant visas, please visit episcopalmigrationministries.org/give.

Service Participants

Celebrant & Preacher: The Rev. Suzanne Roberts, M.D.

Cathedral Musician: Albert Melton; **Deacon:** The Rev. Alice Goshorn; The Rev. Rebecca Grant

Vergers: Thurl Headen, Joe Duclos; **Ushers:** Peter Bingham, Deb Marcoux, Bob Parshley, Martha Parshley

