



ST. LUKE'S CATHEDRAL

The Episcopal Diocese of Maine

Portland, Maine

Celebrating 150 Years

The Eleventh Sunday after Pentecost August 8, 2021

7:30 Holy Eucharist, Rite II (Chapel)

10:00 Holy Eucharist, Rite II (Nave & Livestream)

Welcome to St. Luke's Cathedral! We are a community of faith with ancient worship and modern thought, catholic traditions and progressive theology, a Biblical perspective for thinking people, a respect for reason, science, and diversity of perspective, compassion and care for the wider community and one another, and a commitment to radical welcome and inclusion... all modeled on the Kingdom of God that Jesus proclaimed. Whoever you are and wherever you may be in your journey through life, we welcome you! Our Sunday School and Adult Programs are currently being offered on-line. Please see our website for links and ways to participate in the life of the congregation. We thank you for coming today and hope you will make the Cathedral your spiritual home.

The Cathedral of St. Luke sits on land our Wabanaki neighbors previously occupied for millennia. As a descendants of European immigrants, we acknowledge that we continue to benefit from the exploitation and subjugation of those whom our forebears failed to understand and honor. That failure centuries ago is related to the crises of our times. By grace, we pledge to work harder at learning from our human and non-human neighbors in hope of healing and wholeness. Such work must involve our advocacy and action on behalf of the Wabanaki as well as the lands, waters, and non-human inhabitants of this beautiful place many call Maine.

A few notes about or worship during this time of Covid-19

1. We ask that everyone wear masks. Please follow specific instructions for receiving communion.
2. Please ask permission before shaking hands or hugging. We suggest bowing or using a "Namaste" greeting at the peace.
3. All those who are fully vaccinated are welcome to sing, keeping their masks on.
4. If you have a fever or aren't feeling well, we ask that you stay home and watch our services on line.

Our mission: As a "believe out loud congregation," St. Luke's welcomes all people to share in the Episcopal Church's mission to restore all people to unity with God and each other in Jesus Christ. As a cathedral, St. Luke's is the seat of the bishop and the chief mission church of the Diocese and people of Maine. With its first service held on Christmas Day in 1868, St. Luke's continues 150 years of reaching out to the city and people of Portland. The Cathedral Church of St. Luke is proud to be part of the 2.5 million member Episcopal Church USA and the 75 million member world-wide Anglican Communion.

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www.stlukesportland.org office@cathedralofstluke.org

Unison or harmony

1 Praise, my soul, the King of hea - ven; to his feet thy tri - bute bring;
 2 Praise him for his grace and fa - vor to his peo - ple in dis - tress;
 3 Fa - ther - like he tends and spares us; well our fee - ble frame he knows;
 4 An - gels, help us to a - dore him; ye be - hold him face to face;

ran - somed, healed, re - stored, for - giv - en, ev - er - more his prais - es sing:
 praise him still the same as ev - er, slow to chide, and swift to bless:
 in his hand he gen - tly bears us, res - cues us from all our foes.
 sun and moon, bow down be - fore him, dwell - ers all in time and space.

Al - le - lu - ia, al - le - lu - ia! Praise the ev - er - last - ing King.
 Al - le - lu - ia, al - le - lu - ia! Glo - rious in his faith - ful - ness.
 Al - le - lu - ia, al - le - lu - ia! Wide - ly yet his mer - cy flows.
 Al - le - lu - ia, al - le - lu - ia! Praise with us the God of grace.

Descant for use with unison singing

4 An - gels, help us to a - dore him; ye be - hold him face to face;

sun and moon, bow down be - fore him, dwell - ers all in time and space.

Al - le - lu - ia, al - le - lu - ia! Praise with us the God of grace.

Opening Acclamation

BCP p. 355

Celebrant: Blessed be God: Father, Son and Holy Spirit.

People: **And blessed be God's kingdom, now and for ever. Amen.**

The Collect for Purity

BCP p. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Celebrant: Lord have mercy.

People: Christ have mercy.

Celebrant: Lord have mercy.

Celebrant: May God be with you

People: And also with you.

Celebrant: Let us pray.

The Collect

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

First Lesson

Reader: Joe Duclos

1 Kings 19:4-8

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

Reader: Hear what the Spirit is saying to the churches.

People: **Thanks be to God.**

Taste and see. Taste and see the good - ness

of the Lord. O Taste and see. Taste and

see the good - ness of the Lord, of the Lord. **Fine**

1. I will bless the Lord at all times.
2. Glo - ri - fy the Lord with me.
3. Wor - ship the Lord all you peo - ple.

1. — His praise — shall al - ways — be on my
 2. — To - geth - er — let us all — praise His
 3. — You'll — want for noth - ing — if you

1. lips; — my soul — shall
 2. name. — I called — the
 3. ask. — Taste — and

1. glo - ry — in the Lord; — for
 2. Lord — and He an - swered me; — from
 3. see — that God is good; — in

1. He — has been — so good to me. —
 2. all — my trou - bles — He set me free. —
 3. Him — we need — put all our trust. —

D.C.

Deacon: The Holy Gospel of our Savior Jesus Christ according to John.

People: **Glory to you, O Christ.**

The Gospel

John 6:35, 41-51

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven?'" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

Deacon: The Gospel of the Lord. People: **Praise to you, O Christ.**

Hymn 154 (vs. 3) (from Lift Every Voice and Sing II)

Taste and See

James E. Moore, Jr.

The Sermon

The Very Rev. Benjamin Shambaugh, Dean

The Nicene Creed

from Enriching our Worship

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,**

**who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People, Form VI

led by Jonathan Radtke

BCP p. 392

In peace, we pray to you, O God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

Within the Anglican Cycle of prayer we pray for the Church of South India. Within the Diocesan Cycle of Prayer we pray for St. Nicholas', Scarborough and Holy Trinity Chapel, Peaks Island. For all victims of war. For the people and clergy of our Companion Diocese of Haiti.

For all who work for justice, freedom, and peace.

For the just and proper use of your creation; we pray especially for the people of Haiti, of the Tigray region, Ethiopia, and all areas at war or in political turmoil. We pray for those affected by climate change.

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

Let us pray for Michael, our Presiding Bishop; Thomas our Bishop, and for our Cathedral clergy.

For all who serve God in his Church.

For the special needs of our congregation. We offer prayers of healing and comfort for those on our parish prayer list:

Eliot Field and his wife Taffy

Anne Schink

Karen Perry

Ludek (Lou) Strnad

Lynn Dalheim

Bruce Deuel

Leslie Dallas Cooper

Jaquie Libby

Pat Fowler

Spencer

Cindy Maloney

Jeanette Henry

Caryl McCoy

Susanne Morin

Jim Messmer

Cindy Houghton

Sarah

Nancy Allen

Diana, Norma and Nola

Chris Perkins

Pam Stolte

Mikala

Victor Wakefield

Lamees Rahma

Sharon and Paul Hallenbeck

Pamela Bartol

Lisa Belshaw

Hazel and family

Suezan Moore

Michael Knowland

Julia MacDonald

Joe Edgar, Jr.

Jeff Saenz

Olivia Wigfall

Matthew Johnson

Judd Hume

William J. Deane, Jr.

Diane Wilbur

Please add your own prayers of intercession and thanksgiving (*pause*)

Hear us, Lord;
For your mercy is great.

We thank you, God, for all the blessings of this life. We pray for our postulants, George Cooper, Lisle Blind, and Jon Radtke. We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom. We pray especially for Marilee “Mimi” Clegg, Don Anspach and William Gowen, whose memorial services will be held at St. Luke’s next week. We pray for victims of gun and racial violence and all victims of Covid-19. We continue to acknowledge and repent all of the children anonymously and needlessly killed at Indigenous boarding schools and the deep and long lasting effects on their communities. **Amen.**

Lord, let your loving-kindness be upon them;
Who put their trust in you.

Deacon: We pray to you also for the forgiveness of our sins.
Have mercy upon us, most merciful God. In your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit, that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our savior. Amen.

Celebrant: May Almighty God have mercy on you, forgive you all your sins through our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Celebrant: May the Peace of the Christ be always with you. People: **And also with you.**

Parish Announcements

Offertory Anthem

Deck thyself, my soul, with gladness

Words: Johann Franck
Tr. Catherine Winkworth
Music: George Friedrich Handel

*Deck thyself, my soul, with gladness,
leave the gloomy haunts of sadness;
come into the daylight's splendour,
there with joy thy praises render
unto him whose grace unbounded
hath this wondrous banquet founded:
high o'er all the heavens he reigneth,
yet to dwell with thee he deigneth.
Sun, who all my life dost brighten,
light, who dost my soul enlighten,
joy, the sweetest heart e'er knoweth,
fount, whence all my being floweth,
at thy feet I cry, my Maker,
let me be a fit partaker
of this blessed food from heaven,
for our good, thy glory, given.*

Cantor: Joanne DeKay

1 Guide me, O thou great Je - ho - vah, pil - grim through this
 2 O - pen now the crys - tal foun-tain, whence the heal - ing
 3 When I tread the verge of Jor - dan, bid my anx - ious

bar - ren land; I am weak, but thou art might - y;
 stream doth flow; let the fire and cloud - y pil - lar
 fears sub - side; death of death, and hell's de - struc - tion,

hold me with thy power - ful hand; bread of hea - ven,
 lead me all my jour - ney through; strong de - liv - erer,
 land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er -
 strong de - liv - erer, be thou still my strength and
 songs of prais - es, I will ev - er give to

more, feed me now and ev - er - more.
 shield, be thou still my strength and shield.
 thee, I will ev - er give to thee.

Celebrant: May God be with you.
 Celebrant: Lift up your hearts.
 Celebrant: Let us give thanks to God.

People: **And also with you.**
 People: **We lift them to the Lord.**
 People: **It is right to give our thanks
 and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth, through Jesus Christ our Lord. For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who forever sing this hymn to proclaim the glory of your Name:

Sanctus S128

Setting: William Mathias

Ho - ly, ho - ly, ho - ly,
 ho - ly Lord, God of power and might,
 heaven and earth are full of your glo - ry. Ho-san-na in the
 high - est. Bless - ed is he who
 comes in the name of the Lord. Ho-san-na in the high-est.

The people stand or kneel. Then the celebrant continues

Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and maker of all.

Jesus stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

We celebrate the memorial of our redemption, Almighty God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through Jesus Christ our Savior. By Christ, and with Christ, and in Christ, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven,

hallowed be thy Name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,

as we forgive those

who trespass against us.

And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever. Amen.

Alleluia. Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia.



Celebrant: The gifts of God for the People of God. Let us take them in remembrance that Christ gave himself for us, and feed on him in your hearts by faith, with thanksgiving.

Deacon: Please join me in this prayer of Spiritual Communion with all who cannot now receive.

God of infinite mercy, we thank you for Jesus our Savior, our true Mother who feeds us and gives us eternal life. Though I cannot consume these gifts of bread and wine, I thank you that I have received the sacrament of Christ's presence, the forgiveness of sins, and all other benefits of Christ's passion. Grant that we may continue forever in the Risen Life of our Savior, who with you and the Holy Spirit, lives and reigns, one God, now and forever. Amen.

(From Enriching our Worship 2)

About receiving communion.

1. Communion will be served at the altar rail. It will be bread only. We return to two lines and kneeling at the altar. Please stay a foot apart from each other as you kneel.
2. Gluten free hosts are available for those who wish.
3. It is perfectly acceptable to stay in your pews and pray.
4. Those who do not wish to receive but desire a blessing instead may also come forward, remaining masked. The priest will offer a blessing without the laying on of hands.
5. Please remain masked while the priest drops the host in your hands, then lift your mask to consume. Let the mask cover your mouth again and return to your pew.
6. Those who wish communion and are physically challenged should indicate their desire to the ushers, remain in their pews and let the priest come to them.

Anthem*O salutaris Hostia*

Words: Thomas Aquinas

Music: David Terry

*O saving Victim,
 Who expandest the door of heaven,
 Hostile armies press,
 Give strength; bear aid.
 Triune Lord,
 May there be everlasting glory;
 who life without end
 gives us in the homeland.
 Amen.*

Hymn*Eat this bread*

Taizé

In the style of Taizé, this hymn is repeated multiple times as an act of meditation and prayer

Eat this bread, drink this wine come to me and nev-er be hun-gry.

Eat this bread, drink this wine trust in me and you will not thirst.

Post Communion Prayer

BCP p. 365

Celebrant: Let us pray.

People: **Eternal God, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

The Blessing

May the peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God. And may the blessing of God, who created you, redeemed you and sustains you be with you and remain with you always. **Amen.**

1 Sing - ing songs of ex - pec - ta - tion, on - ward
 2 One the light of God's own pres - ence, o'er his
 3 One the strain the lips of thou - sands lift as

goes the pil - grim band, through the night of
 ran - somed peo - ple shed, chas - ing far the
 from the heart of one; one the con - flict,

doubt and sor - row, march - ing to the prom - ised land.
 gloom and ter - ror, bright - ening all the path we tread:
 one the per - il, one the march in God be - gun:

Clear be - fore us through the dark - ness gleams and
 one the ob - ject of our jour - ney, one the
 one the glad - ness of re - joic - ing on the

burns the guid - ing light: trust - ing God we
 faith which nev - er tires, one the ear - nest
 far e - ter - nal shore, where the one al -

march to - geth - er step - ping fear - less through the night.
 look - ing for - ward, one the hope our God in - spires.
 might - y Fa - ther reigns in love for ev - er - more.

Deacon: Let us go forth into the world rejoicing in the power of the Spirit!

People: **Thanks be to God!**

Postlude

Fugue in g minor

Johann Sebastian Bach

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Announcements

Welcome Visitors: There are greeters at the door who are available to answer any questions you might have about the Cathedral. Please sign our guest register! Please join us for Lemonade hour after the 10:00 am service this morning.

Please welcome organist Harold Stover who is filling in for Albert while he is on summer vacation. After serving churches in New York City and Portland, Harold now maintains an active free-lance career as organist, conductor, and composer. He is the conductor of Renaissance Voices, a cappella chorus based in Portland, specializing in music from the medieval period through the 17th century. Harold enjoys worshipping at St. Luke's when not professionally engaged elsewhere.

Summer Vacation Schedule: The Dean has returned from vacation and the Rev. Eleanor Prior is on vacation this month. The Rev. Suzanne Roberts will provide coverage at the end of August and beginning of September. Albert Melton is also on vacation and Harold Stover is covering for him. Sunday school and fall programming begin on September 12.

Tuesday Worship: Join us in Emmanuel Chapel each Tuesday at 12:10. You can also join us via Zoom at <https://us02web.zoom.us/j/86450798041>.

Noon Zoom summer schedule! Join us for a time of prayer and check in each Wednesday at <https://zoom.us/j/98005038807?pwd=NEw4Vlc0VEt0TWxuWFJYdGp0K0xCQT09>
Meeting ID: 980 0503 8807, Passcode: 531349

Summer registration is open for Pray, Play, Connect LIVE! The last event is in August at Camp Bishopswood in Hope on the 29th from 1-4 pm. All youth graduating 5th-12th grade are welcome! If you haven't participated in a diocesan youth event, this is a great opportunity to check one out. Contact Sara D'Angio White at sdangiowhite@episcopalmaine.net to register!

Summer Finale Day for Youth, Individuals and Families: Sunday, August 29 at Camp Bishopswood
This day-long opportunity for youth will be paired with an opportunity for individuals and families to engage in faith formation while enjoying all camp has to offer. Folks will have the optional chance to spend Friday and/or Saturday night, August 27-29, at camp. FMI: Contact Sara D'Angio White.

Compline and Contemplative Prayer are on summer break.

Taizé returns to St. Luke's starting on September 22: 5:30 pm gathering, service at 5:45 pm in Emmanuel Chapel. We will meet on the 2nd and 4th Wednesdays of each month.

St. Luke's will host our 13th annual Holiday Fair on November 13 from 9am-3pm. If you would like to participate, please email Dawn Brennan-Daly at dbrennandaly@gmail.com.

Volunteers are needed to usher at upcoming concerts at St. Luke's: Ushering is a great way to represent St. Luke's to concert-goers, help raise funds through our new Intermission concession and enjoy the concert. Ushers are needed on Dec. 18 (Renaissance Voices Christmas); and Jan. 2 (Lessons and Carols). Please contact Dawn Brennan-Daly at dbrennandaly@gmail.com.

New Covid Guidelines

- There are no more distancing or capacity requirements in the nave or in cathedral spaces. Programs and meetings may resume. (Sunday school is planning to resume in September)
- We will have no wine at the Eucharist for the time being. Eucharistic visiting and pastoral visits may resume. (Please call if you would like a visit)
- People are instructed to ask permission of others before sharing the peace or greeting one another, and encouraged to “elbow bump” and otherwise avoid hugging or actions that may make others uncomfortable.
- For the time being, parishioners will be asked to remain masked during worship but those fully vaccinated may unmask outside during Lemonade hour. Those fully vaccinated may sing with masks on. Even if we don't have to, we will remain masked (unless speaking or reading) so that we are welcoming and inclusive of young children, people who are immunocompromised or otherwise cannot get the vaccine for health reasons, and those who are not completely comfortable being in public settings again.
- The choir has begun singing, with masks on (all coming have been fully vaccinated). We are now scheduling concerts and events with programming on the calendar now through December.
- Dinners/breakfasts/other food related fellowship will resume in September. This allows time for us to develop guidelines and training for use of the kitchen. We'll continue lemonade hour outside on the lawn or in the cloister if it rains.

Service Participants

Celebrant: The Rev. Suzanne Roberts; **Preacher:** The Very Rev. Benjamin A. Shambaugh, Dean;
Cathedral Musician: Harold Stover; **Deacons:** The Rev. Alice Goshorn, The Rev. Rebecca Grant;
Vergers: Thurl Headen, Joe Duclos; **Ushers:** Peter Bingham, Gus Goodwin, MJ Northrop ; **The Flower Guild; The Altar Guild**